



School NEWSLETTER

26th June 2026



04 204 1000



Al Qusais School Zone -Dubai



www.amityschooldubai.com

Vice Principal's Message



At Amity, education is viewed as a holistic journey that goes far beyond academic achievement. While strong academic outcomes remain important, the school's deeper focus is on shaping confident, compassionate, and responsible individuals who are prepared to contribute meaningfully to society.

We believe every parent wants their child to leave school prepared not only for university, but for life. That's why, alongside academic excellence, we focus on building confidence, resilience, creativity, empathy, and strong communication skills. We encourage our students to think independently, collaborate with others, and become compassionate leaders who are ready to make a positive impact on the world.

This vision is reflected through a strong focus on Personal and Social Development, wellbeing-centred practices, and student empowerment. Initiatives such as mindfulness programmes, Wellbeing Wednesdays, mentoring, and counselling support nurture emotional wellbeing and positive relationships. Student voice and leadership opportunities encourage active participation through councils, projects, and school-wide initiatives.

Career guidance and future-readiness programmes help students identify strengths and make informed choices, while community engagement and sustainability projects build social responsibility. The school also promotes global citizenship and respect for cultural diversity within the UAE context.

In partnership with parents, the school remains committed to nurturing learners who succeed academically while growing into responsible individuals ready to make a positive impact on the world; Amity School Dubai truly remains a School of Happiness.

"One School. One Planet. Amity Leads." Trees saved this week: 103.91 trees"

Mr. Shyam Kodanda
Vice Principal, Amity School Dubai

Exploring and Growing in PRE-K

This week in PRE-K, our little learners enjoyed an exciting journey of discovery across all areas of learning. In English, they revised the “a” sound through activities and playful practice. During story time, children listened to The Fox and the Crane and explored simple ideas of sharing and manners. In Mathematics, they strengthened their understanding of the concepts of tall and short through comparisons and real-life examples.



Our Wonderful Week in K1

This week in K1, our young learners explored the world of farm animals and products, discovering the important role they play in our daily lives. In English, children practised the sounds of letters E and H through activities and vocabulary exploration.



During story time, they listened to The Little Red Hen and reflected on the values of teamwork and helping others. In Mathematics, students developed their understanding of the concepts of tall and short while strengthening number recognition and tracing skills through activities focused on the number 9.

K2's Week of Discovery

In K2, our learners engaged in a rich learning journey across subjects. In English, they explored the “oa” sound through engaging words and activities, strengthening their phonics skills. In Mathematics, children were introduced to different addition strategies, developing flexibility in problem-solving using resources and visual representations. In EVS, students discovered the edible parts of plants, deepening their understanding of how roots, stems, leaves, and fruits contribute to our food. Throughout the week, learners showed curiosity, participation, and confidence as they connected classroom learning with the world around them.



Mindful Monday: International Yoga Day

Students celebrated International Yoga Day through simple yoga activities that encouraged focus, flexibility, calmness and overall well-being. The session helped them understand how yoga can support both physical health and a peaceful mind.



Wellbeing Wednesday: Decision-making



This week's session focused on decision-making. Grades 3 to 5 explored the PERMA Model with a focus on Engagement, understanding how hobbies can help them stay meaningfully involved during the summer holidays. Grades 1 and 2 discussed thoughtful choices through age-appropriate activities. Students reflected on how good decisions can help them use their time wisely and feel more confident.

Thoughtful Thursday: Kind Steps, Safe Hallways



Students participated in an Anti-Bullying Awareness session on Hallway Manners. Through the podcast and pledge-taking activity, they reflected on kindness, respect and keeping shared spaces safe and welcoming. The session reminded students that small actions, such as walking calmly, speaking politely and including others, can make school a safer place for everyone.

Feelings Through Art

Students took part in an art therapy activity, using drawing, colouring and creative expression to share their thoughts and feelings.

The activity gave students a safe space to express emotions and understand that creativity can be a helpful tool for well-being.



Primary Stars: Celebrating Talent and Triumph

We are proud to celebrate the achievements of Anannya from Class 5 and Nuwa from Class 3. Their success reflects confidence, preparation and dedication.



Anannya participated in her first-ever Gymnastics Inter-Club Competition at Level 1 and won a Silver Medal in Vault, Bronze Medal in Floor Exercise and Bronze Medal in Beam. Her achievement is a wonderful example of perseverance and sporting spirit.



Nuwa represented Amity School Dubai at the Royal Spelling Bee Competition, Emirates Level, and secured Second Runner-up. Her achievement reflects her love for language and confidence. We congratulate both students on their wonderful achievements and wish them continued success.

Overall, the week reflected joyful learning, wellbeing, creativity, kindness and student excellence across the Primary section.

Celebrating Language and Heritage

The school came alive with the spirit of Arabic Language Week, as students engaged in a range of activities designed to deepen their appreciation for the beauty, richness, and cultural significance of the Arabic language. Students explored Arabic traditions, vocabulary, and expressions, strengthening their connection to the language and its heritage.



Students also participated in the Arabic SEA, where they showcased their language skills, comprehension, and understanding. The assessment provided an opportunity for students to apply their learning while demonstrating academic growth.

Class Assembly



The Assembly featured students showcasing their talents, teamwork, and communication skills. The assembly served as a platform for students to share ideas, inspire their peers, and strengthen their sense of community.



Thoughtful Thursday: Taking a Stand Against Bullying

As part of Thoughtful Thursday, students reflected on the importance of kindness, empathy, and respect through discussions focused on bullying awareness.

Reinforcing their commitment to creating a safe and inclusive environment, students took an Anti-Bullying Oath, pledging to stand up against bullying and support one another with compassion and understanding.



Celebrating Wellbeing Through Talent and Togetherness

Adding joy and excitement to the school day, students participated in special lunch-break performances that promoted well-being while providing opportunities to showcase their talents.

The campus was filled with energy as students performed dance routines and musical presentations, spreading positivity and enthusiasm among their peers. These performances highlighted the importance of self-expression within the school community.



Student Achievement



Congratulations to Eshaal Fatima from Grade 11 for securing 3rd Position in Spoken Stage at Literati 4.0!

Your eloquence, confidence, creativity, and powerful stage presence captivated the audience and showcased the true spirit of excellence. This achievement is a testament to your dedication and passion for the art of public speaking.

You have made the Amity School Dubai family proud and may this milestone inspire you to continue embracing every opportunity, and reaching even greater heights.

Congratulations once again, Eshaal! Keep inspiring, keep shining!

International Yoga Day Celebration | Grades 9-12

In the midst of busy academic schedules, students took a moment to pause, breathe, and find stillness as Amity School Dubai observed International Yoga Day. Through guided meditation accompanied by calming music, students experienced the power of mindfulness in nurturing inner peace and emotional well-being. The session reinforced the importance of relaxation techniques in improving focus, concentration, self-awareness, and resilience, encouraging students to cultivate balance and clarity in their daily lives.



Inside the World of Diplomacy: United Nations Simulation Conference 2026



Students of Grades 11 and 12 proudly represented Amity School Dubai at the 21st United Nations Simulation Conference (UNSC) 2026, hosted by GEMS Our Own Indian School, Dubai. Bringing together delegates from over twelve schools across the UAE, the conference challenged students to address pressing global issues under the theme, "On the Brink: Diplomacy in an Age of Escalating Crisis." Representing nations across six UN committees, our students showcased exceptional critical thinking, public speaking, negotiation, and leadership skills while proposing solutions through formal diplomatic procedures. Their confident participation and thoughtful deliberations reflected Amity School Dubai's commitment to nurturing globally aware, responsible, and future-ready leaders.



University Admission & Scholarship Orientation



As part of its commitment to preparing students for successful global careers, Amity School Dubai conducted a University Admission & Scholarship Orientation on 24 June 2026 for Grade 11 and 12 students. The session provided students with valuable insights into university admissions, course selection, application timelines, documentation, and scholarship opportunities across leading universities worldwide. Through expert guidance on profile building, personal statements, recommendation letters, and scholarship applications, students were empowered to make informed decisions about their higher education journey. This initiative reflects Amity School Dubai's unwavering commitment to nurturing future-ready learners and supporting every student in achieving their university aspirations.



Amity Reads, Amity Learns

Reading is at the heart of learning at Amity. Our literacy programme is supported by two key platforms: Rosen Level Up for KG–Grade 2, which builds strong foundations in phonics, decoding, and comprehension, and Achieve3000 for Grades 3–9, which develops vocabulary, critical thinking, and reading comprehension through differentiated, curriculum-aligned texts.

The April–May top performers featured here are a testament to the dedication and progress our students make every day. The programme is led by Ms. Sonam Verma (Head of the Reading Programme and Achieve3000, Grades 6–9), Ms. Sarah Farid (Grades 1–5), and Ms. Anayeza Amin (Kindergarten). Congratulations to all our outstanding readers on this wonderful achievement!



Class	First Name	Score
3	Mohammed	7
3	Yaswitha	6
3	Zane	5
3	Nayra	9
3	Ayaan	6
3	Dharshith	6
3	Jaydon	3
3	Ansh	3
3	Hifah	3
3	Asher	3
3	Maydha	3
3	Sajayni	2
3	Elham	2
3	Aarav	2
3	Dhirav	2
4	Steve	5
4	Riaan	5
4	Anwesh	3
4	Reveka	13
4	Arjun	6
4	Dakshinyaa	5
4	Mohammad	5

Class	First Name	Score
4	Maeeysha	50
4	Prince	4
4	Agamroop	4
4	Nathan	5
4	Haniya	4
4	Mohammed	4
5	Anushka	9
5	Aditi	6
5	Gurnoor	5
5	Ivaan	59
5	Rasal	33
5	Rohan	15
5	Sanhit	8
5	Amanda	6
5	Aarshia	5
5	Sriansh	16
5	Shravan	10
5	Muadh	7
5	Mohammed	16
5	Krithesh	9
5	Mihit	5
6	Aaditri	9
6	Mohammed	7

Class	Name	Score
6	Aydin	6
6	Mrudusha	6
6	Saura	6
6	Shanaya	6
6	Asmi	7
6	Ritvika	5
6	Ritvik	4
6	Pradyun	11
6	Muhammed	8
6	Nameeth	8
7	Nivedhya	23
7	Shehzeen	12
7	Mersica	10
7	Eeshani	25
7	Samrat	18
7	Ryan	9
7	Abhinav	32
7	Daniel	6
7	Fyzaa Fatih	5
7	Ram Pranav	5

Class	Name	Score
7	Amina	11
7	Safiya	9
7	Ehsan	7
8	Maahi	5
8	Hamnah	4
8	Muhammed	4
8	Siddit	4
8	Saanvi	30
8	Gayathri	23
8	Reeha	14
9	Arushi	5
9	Sara	4
9	Anika	3
9	Liba	11
9	Harikrishnan	10
9	Afana	7

Fuel Their Day: The Power of a Healthy Breakfast & Good Hydration

With Dr. Reeba Susan Varghese

A healthy breakfast and proper hydration are two simple habits that can make a big difference in a child's health, happiness, and success at school.

After a long night's sleep, breakfast acts as the body's morning fuel, providing energy for learning, playing, and staying active throughout the day.

Why Breakfast Matters

- Improves concentration and memory
- Boosts energy levels
- Helps children stay alert in class
- Supports healthy growth and development
- Reduces unhealthy snacking later in the day



HEALTH TIP FOR PARENTS

Breakfast + Water = A Great Start!

- Never let your child leave home on an empty stomach.
- Pack a nutritious snack and a filled water bottle.
- Encourage children to eat breakfast every day.
- Be a role model by enjoying healthy meals and drinking plenty of water as a family.

Why Hydration Matters?

- Prevents headaches and tiredness
- Supports sports and physical activities
- Keeps the body cool and healthy
- Improves overall well-being

Daily Water Tips

- Drink water before leaving for school
- Carry a filled water bottle every day
- Take water breaks during study and play
- Choose water instead of sugary drinks

HEALTH CHALLENGE OF THE MONTH

Can You Complete the 5-Day Challenge?

- Eat breakfast every morning
- Finish your water bottle at school
- Eat one fruit every day
- Avoid sugary drinks
- Share a healthy habit with a friend
- Complete all five and become a "Healthy Habits Champion!"

HEALTHY CHILDREN LEARN BETTER, PLAY BETTER & GROW BETTER!