



School NEWSLETTER

19th June 2026



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Al Qusais School Zone -Dubai



www.amityschooldubai.com

Principal's Message



At Amity, well-being is not an event; it is a culture that shapes every aspect of school life. Through our **Amity Gross Happiness Index (AGHI)**, we have adopted a structured approach to understanding and enhancing student well-being, guided by one simple yet powerful question:

"How are you feeling today?"

"When children feel valued, they learn with confidence; when they feel happy, they thrive." This belief underpins our approach to education and guides many of the initiatives we undertake throughout the year.

Our commitment to well-being extends beyond the classroom. Through **Well-Being Wednesdays** and **Thoughtful Thursdays**, students, teachers, and Student Council members engage in conversations and activities that promote happiness, mindfulness, empathy, and positive relationships. During break times, the Student Council also provides opportunities for students to showcase their talents through a variety of engaging activities, fostering confidence, creativity, and a stronger sense of community.

This week, our Art Department further strengthened this vision through **"Heart to Art"**, a series of age-appropriate activities designed to help students recognize emotions, build resilience, develop self-awareness, and express themselves creatively. From understanding feelings in the early years to exploring growth mindset, self-image, collaboration, and resilience in the senior grades, every activity highlighted the powerful connection between creativity and well-being. The joy, reflection, and enthusiasm displayed by our students throughout the week reaffirmed a simple truth: when happiness and well-being are nurtured, learning flourishes. At Amity, we remain committed to ensuring that every child feels heard, valued, supported, and empowered to thrive.

"One School. One Planet. Amity Leads." Trees saved this week: 110.25 trees"

Kapil Chaudhary
Principal, Amity School Dubai

Heart To Art



Little hands create and little hearts express



Our kindergarten learners enjoyed an Art Therapy experience, exploring emotions and imagination through drawing, colouring, and craft. A joyful journey of creativity, self-expression, and confidence-building in a warm and supportive environment

KG Assembly



KG2B presented an assembly on friendship featuring a dance, a skit, and a pledge on kindness and caring. The children shared a message about being kind, helpful, and supportive friends. They also engaged the audience by asking thoughtful questions, making the session interactive and enjoyable for all.



Wild Animals Adventure



Our K1 learners explored the fascinating world of wild animals through fun visuals, stories, and interactive activities. They learned to identify different animals, their sounds, and habitats, sparking curiosity and building early science understanding in an exciting way.

Fun with Addition

K2 enjoyed addition through activities using objects and visuals.

They combined groups, counted totals, and discovered simple addition in a fun and engaging way, strengthening their early number skills and confidence.



Our Pre-K learners enjoyed a joyful session of stories and early language activities. Through storytelling, songs, and interactive speaking practice, they built early listening and communication skills while developing a love for language in a fun and engaging way.



Wellness Wednesday: Building Resilience



Through the **PERMA** Model, students discovered how positive emotions fuel resilience. Using real-life case studies, they reflected on the power of persistence, fortitude, and a growth mindset in overcoming challenges.

Thoughtful Thursday: Standing Up Against Social Bullying



Students tuned into a thought-provoking podcast exploring social bullying, its subtle forms, its impact, and how to respond. They left empowered to be upstanders, knowing that one kind act can make all the difference.

Social Science Week: Discovering Our World

Students embarked on a journey exploring India and the UAE through quizzes, map activities, and creative project work. They uncovered landmarks, capitals, emirates, and cultural gems, building a richer appreciation of the two nations' heritage and geography.



Overall, the week was a celebration of resilience, empathy, and curiosity, inspiring students to grow not just as learners, but as compassionate global citizens.

Social Science Week: Exploring the World Together

During Social Science Week, students took part in activities that promoted global awareness, cultural understanding, and teamwork. Highlights included the FIFA World Cup Quiz Challenge, where students tested their knowledge of geography, cultures, and international sports, and country-themed learning stations that encouraged exploration of different nations, traditions, and global perspectives through collaborative learning.



Class Assembly: Learning Through Leadership



The week also featured a vibrant Class Assembly, where students showcased their talents, communication skills, and teamwork.

The assembly served as a platform for students to inspire their peers while strengthening their confidence and sense of responsibility.

Wellbeing Wednesday: Developing Emotional Resilience

As part of Wellbeing Wednesday, students explored strategies for building emotional resilience. Through discussions and reflective activities, they learned to manage challenges, adapt to change, and maintain a positive mindset, while viewing setbacks as opportunities for growth.

Art Therapy: Creativity with a Purpose



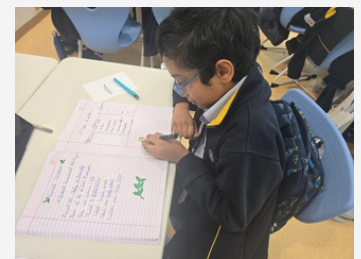
Students expressed their thoughts and emotions through creative Art Therapy activities. They designed colourful posters promoting positivity and self-expression, as well as impactful Anti-Bullying Posters that encouraged kindness, empathy, and respect, reinforcing a safe and inclusive school community.

Podcast on Cyberbullying: Creating a Safer Digital World



Students explored the importance of respectful online behaviour and learned how to help create a safe and positive digital environment.

Social Science SEA: Applying Knowledge with Confidence



Students completed the Social Science SEA, demonstrating their understanding and critical-thinking skills.

A Proud Sporting Achievement



Congratulations to **Dwayne** for his outstanding performance in Taekwondo, winning a **Gold Medal in Kyorugi** (Sparring) and a **Silver Medal in Poomsae**. His achievement reflects dedication, perseverance, and sporting excellence. We wish him continued success in the future.

Special Interview with Emirati Guest Speakers

Grade 8 students interviewed an Emirati guest speaker as part of their Social Science enrichment activity, gaining valuable insights into UAE culture and heritage while enhancing their communication and critical thinking skills.



Bridging Classrooms and Careers: Internship Success Through UnikNation



We are proud to celebrate the success of our Grade 11 and 12 students who have secured internship placements through the UnikNation Internship Program. These coveted opportunities will provide students with invaluable real-world exposure, enabling them to develop professional competencies, gain industry insights, and explore potential career pathways firsthand.

By connecting academic learning with workplace experiences, the program empowers students to apply their knowledge in authentic settings, build confidence, and enhance their career readiness. As more participating organizations continue to release offer letters, additional students are expected to join this enriching initiative. We congratulate all selected students and wish them every success as they embark on this exciting professional journey.

Charting Future Pathways: University Guidance Session with Amity University



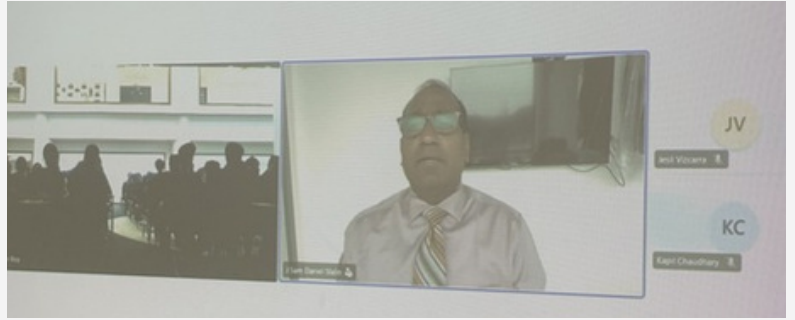
Students of Grades 11 and 12 participated in an engaging and informative University Guidance Session led by **Dr. Rajneesh Mishra**, Dean of the School of Humanities, Arts and Applied Sciences, and **Mr. Adhil Khan** from Amity University.

The session offered comprehensive insights into academic programs, admission procedures, scholarship opportunities, campus experiences, and emerging career pathways. Through interactive discussions and a dynamic question-and-answer segment, students gained a deeper understanding of higher education expectations and the skills required to thrive in a competitive global landscape.

The session proved instrumental in helping students make informed decisions about their academic futures while inspiring them to pursue their aspirations with clarity and confidence.



Inside the World of Journalism: Career Talk by NDTV Journalist Sam Daniel



Our Grade 11 and 12 students had the privilege of attending a thought-provoking Career Talk by Mr. Sam Daniel, Senior Journalist at NDTV, who shared valuable insights into the ever-evolving world of journalism and media.

Drawing from his extensive professional experience, Mr. Daniel provided students with a behind-the-scenes perspective on news gathering, investigative reporting, media ethics, and the vital role of responsible journalism in shaping society. He also highlighted the diverse career opportunities available in journalism, mass communication, broadcasting, and digital media.

The highly interactive session encouraged students to think critically, evaluate information responsibly, and appreciate the power of effective communication. By shedding light on the challenges and rewards of a career in media, the session broadened students' horizons and inspired many to explore pathways within the communications industry.